

Tracking progress: Growth steps in 2023

What steps forward did you take in the past year?

- ☐ Self-assessment
- ☐ Shape and Calling course
- ☐ Attended worship at least 40 times
- ☐ Attended worship more than I did in 2021.
- ☐ Regularly giving/tithing to the church
- ☐ My BFG: _____
- ☐ Completed a Bible-reading plan
- ☐ My regular place(s) of service:



☐ Other steps I took to grow in **REPENTANCE** in the last year:

- ☐ *Habits of Grace* study
- ☐ Adopted new spiritual disciplines
- ☐ *Habits of the Household* group
- ☐ Used the Key Beliefs prayer guide
- ☐ Other steps I took to grow in **FREEDOM** in the last year:



- ☐ D-Now (as a student)
- ☐ Women's retreat
- ☐ Men's weekend
- ☐ Hosted people in my home (BFG event, adopt-a-student, Operation Andrew, etc.)
- ☐ Gave my testimony:



☐ Other steps I took to grow in **COMMUNION** in the last year:

- ☐ Mexico mission trip
- ☐ Operation Andrew prayer and outreach
- ☐ "Can I Ask You a Question" BFG study
- ☐ Reach Texoma project in August
- ☐ Invited a friend to a service or event
- ☐ Shared the gospel with a non-believer
- ☐ Participated in Laundry Love
- ☐ Participated in a Love Out Loud outreach to non-believers (oil change, housing authority, month of meals, etc.)
- ☐ Mentored someone in: _____
- ☐ Other steps I took to grow in **MISSION** in the last year:



Tracking progress: Acorns

The "acorns" in our discipleship plan are initial steps for everyone to take for each direction of growth. Every disciple should have these experiences at least once.

Which acorn experiences have you completed?

REPENTANCE

- ☐ **Basics of Christian Life**
Live by Joel Comiskey—BFGs in 2021 or through a mentor in 2022-23.
- ☐ **Shape & Calling**
a Wednesday night study in 2021 or ladies' Sunday study or men's Saturday study in 2023

FREEDOM

- ☐ **Encounter course**
Weekend seminar with Keith Peeler, offered in May 2021.
- ☐ **Intro to Spiritual Disciplines**
Grow by Joel Comiskey (BFGs in 2021) or The Common Rule, a Wed. night study in 2022. Habits of Grace Wed nights or Sun. mornings in '23

COMMUNION

- ☐ **Go on a retreat**
a women's retreat, men's weekend, or D-Now (as a student).
- ☐ **Give a public testimony**
a live or video testimony presented publicly in BFG or the worship service.

MISSION

- ☐ **Go on a mission trip**
Mexico in 2021-2023; New Orleans in 2021
- ☐ **Share Training**
a Wednesday night group in 2021; sermon series in 2022 (if you did the homework); "Can I Ask You a Question" in 2023
- ☐ **Be a mentor**
led someone else through an acorn experience or other intentional mentoring process.

My action plan for 2023:

Which acorn experiences will you complete in 2023?

REPENTANCE

- ☐ Self-assessment
- ☐ Basics of Christian Life
- ☐ Shape & Calling

FREEDOM

- ☐ Encounter course
- ☐ Intro to Spiritual Disciplines

COMMUNION

- ☐ Go on a retreat
- ☐ Give a public testimony

MISSION

- ☐ Go on a mission trip
- ☐ Share Training (Operation Andrew)
- ☐ Be a mentor

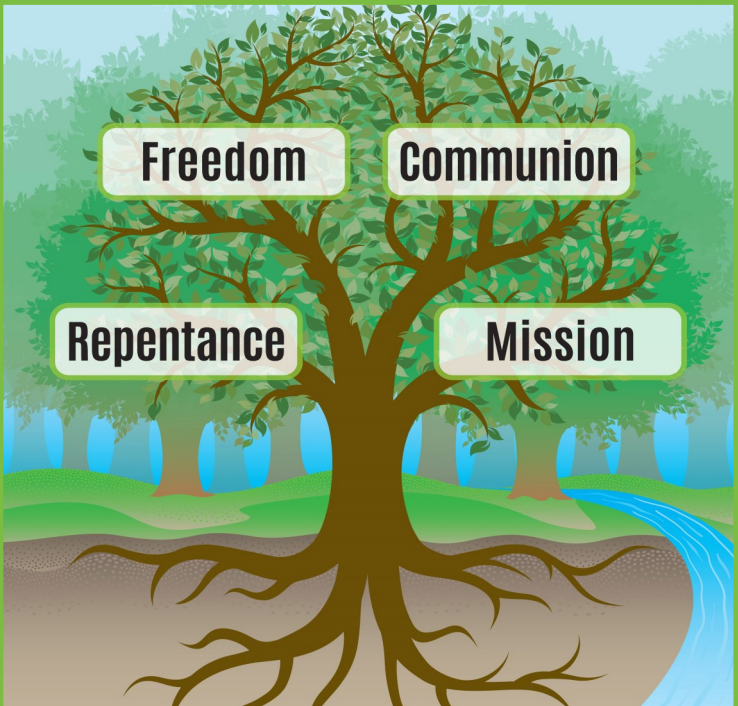
Choose 1-3 discipleship skills to focus on in 2023:

- ☐ Engaging in church life
- ☐ Serving God and others
- ☐ Denying self to obey God
- ☐ Seeking God
- ☐ Living in victory (emotional health)
- ☐ Praying effectively
- ☐ Openness
- ☐ Hospitality
- ☐ Peacemaking
- ☐ Sharing Christ
- ☐ Disciple-Making
- ☐ Faith-filled risk-taking

Getting rooted in 2023:

- ◇ My Bible-reading plan:
- ◇ My BFG:
- ◇ My goal for worship attendance:
- ◇ My place of service:

Annual Self-Assessment



For anything you hope to achieve, you need two things: a target and a way to measure progress.

This tool, taken annually, will help you think about goals in your life in Christ, understand where you need to grow, and help you choose what steps to take in the next year to move forward in your relationship with God and growth as a disciple.

As you go through this assessment, keep this in mind:

- Enter in with an attitude of prayer
- Take your time to think and answer thoughtfully
- Be honest. It does you no good to fake it.
- Be gracious. Don't be overly harsh, either.
- This is for you. Though we encourage you to share your goals with trusted brothers and sisters, you will only share the results with people of your choosing.



Engaging in Church Life

Being rooted in church life: daily Bible-reading, attending worship, involved in a BFG, and serving regularly.

How would you rate your current maturity/development in this skill? (choose a number on the spectrum):

No progress 1 — 2 — 3 — 4 — 5 Fully developed

Your progress this year (compared to a year ago):

1 - backward 2 - about the same 3 - forward

Serving God and Others

Turning away from a self-serving mindset and looking for ways to seek the good of others and of God.

How would you rate your current maturity/development in this skill? (choose a number on the spectrum):

No progress 1 — 2 — 3 — 4 — 5 Fully developed

Your progress this year (compared to a year ago):

1 - backward 2 - about the same 3 - forward

Denying Self to Obey God

Choosing the will of God and the good of others above getting your own way; doing God's will, even when you don't feel like it.

How would you rate your current maturity/development in this skill? (choose a number on the spectrum):

No progress 1 — 2 — 3 — 4 — 5 Fully developed

Your progress this year (compared to a year ago):

1 - backward 2 - about the same 3 - forward

Key Attitude: Humility

Believing God has the right to direct your life and that he knows better than you.

How would you rate your consistency in adopting this attitude? (choose a number on the spectrum):

Rarely/Never 1 — 2 — 3 — 4 — 5 Always/Usually

total



Seeking God

Understanding and regularly practicing spiritual disciplines and habits that open your life to the work of the Holy Spirit.

How would you rate your current maturity/development in this skill? (choose a number on the spectrum):

No progress 1 — 2 — 3 — 4 — 5 Fully developed

Your progress this year (compared to a year ago):

1 - backward 2 - about the same 3 - forward

Living in Victory

Living free from habitual sin and free from trauma and pain from the past. Emotional health.

How would you rate your current maturity/development in this skill? (choose a number on the spectrum):

No progress 1 — 2 — 3 — 4 — 5 Fully developed

Your progress this year (compared to a year ago):

1 - backward 2 - about the same 3 - forward

Praying Effectively

Praying persistently as a son/daughter of God, with increasing intimacy, consistency, and power.

How would you rate your current maturity/development in this skill? (choose a number on the spectrum):

No progress 1 — 2 — 3 — 4 — 5 Fully developed

Your progress this year (compared to a year ago):

1 - backward 2 - about the same 3 - forward

Key Attitude: Perseverance

Knowing that God is always working for good, growing you up, you trust God and keep going, whatever happens in your life.

How would you rate your consistency in adopting this attitude? (choose a number on the spectrum):

Rarely/Never 1 — 2 — 3 — 4 — 5 Always/Usually

total



Openness

Being honest with God about your struggles and joys. Letting other Christians know you well and love you.

How would you rate your current maturity/development in this skill? (choose a number on the spectrum):

No progress 1 — 2 — 3 — 4 — 5 Fully developed

Your progress this year (compared to a year ago):

1 - backward 2 - about the same 3 - forward

Hospitality

Letting people in, sharing your life and your resources to welcome and shelter others.

How would you rate your current maturity/development in this skill? (choose a number on the spectrum):

No progress 1 — 2 — 3 — 4 — 5 Fully developed

Your progress this year (compared to a year ago):

1 - backward 2 - about the same 3 - forward

Peacemaking

Working as an agent of unity rather than conflict, across dividing lines, working for reconciliation in the world.

How would you rate your current maturity/development in this skill? (choose a number on the spectrum):

No progress 1 — 2 — 3 — 4 — 5 Fully developed

Your progress this year (compared to a year ago):

1 - backward 2 - about the same 3 - forward

Key Attitude: Generosity

Having an attitude of abundance—God provides all you need, so you freely share love, time, and material resources.

How would you rate your consistency in adopting this attitude? (choose a number on the spectrum):

Rarely/Never 1 — 2 — 3 — 4 — 5 Always/Usually

total



Sharing Christ

Openly speaking about Jesus to others. Confidently and consistently sharing the gospel with those who don't yet believe.

How would you rate your current maturity/development in this skill? (choose a number on the spectrum):

No progress 1 — 2 — 3 — 4 — 5 Fully developed

Your progress this year (compared to a year ago):

1 - backward 2 - about the same 3 - forward

Disciple-Making

Teaching others what you know—how to follow Jesus, ways to grow, how you serve. Passing on what God has taught you.

How would you rate your current maturity/development in this skill? (choose a number on the spectrum):

No progress 1 — 2 — 3 — 4 — 5 Fully developed

Your progress this year (compared to a year ago):

1 - backward 2 - about the same 3 - forward

Faith-Filled Risk-Taking

Stepping out from what's comfortable and into the unknown, trusting Jesus with what comes next.

How would you rate your current maturity/development in this skill? (choose a number on the spectrum):

No progress 1 — 2 — 3 — 4 — 5 Fully developed

Your progress this year (compared to a year ago):

1 - backward 2 - about the same 3 - forward

Key Attitude: Compassion

Having mercy and concern that reflects Jesus, who showed concern for all people, regardless of how they treated him.

How would you rate your consistency in adopting this attitude? (choose a number on the spectrum):

Rarely/Never 1 — 2 — 3 — 4 — 5 Always/Usually

total